Mathematics of Data: From Theory to Computation

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Lecture 4: Unconstrained, smooth minimization I
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## Outline

- This lecture

1. Unconstrained convex optimization: the basics
2. Gradient descent methods

- Next lecture

1. Gradient and accelerated gradient descent methods

## Recommended reading

- Chapters 2, 3, 5, 6 in Nocedal, Jorge, and Wright, Stephen J., Numerical Optimization, Springer, 2006.
- Chapter 9 in Boyd, Stephen, and Vandenberghe, Lieven, Convex optimization, Cambridge university press, 2009.
- Chapter 1 in Bertsekas, Dimitris, Nonlinear Programming, Athena Scientific, 1999.
- Chapters 1, 2 and 4 in Nesterov, Yurii, Introductory Lectures on Convex Optimization: A Basic Course, Vol. 87, Springer, 2004.


## Motivation

## Motivation

This lecture covers the basics of numerical methods for unconstrained and smooth convex minimization.

## Smooth unconstrained convex minimization

## Problem (Mathematical formulation)

The unconstrained convex minimization problem is defined as:

$$
f^{\star}:=\min _{\mathbf{x} \in \mathbb{R}^{p}} f(\mathbf{x})
$$

- $f$ is a proper, closed and smooth convex function, $-\infty<f^{\star}<+\infty$.
- The solution set $\mathcal{S}^{\star}:=\left\{\mathbf{x}^{\star} \in \operatorname{dom}(f): f\left(\mathbf{x}^{\star}\right)=f^{\star}\right\}$ is nonempty.


## Example: Maximum likelihood estimation and M-estimators

## Problem

Let $\mathbf{x}^{\natural} \in \mathbb{R}^{p}$ be unknown and $b_{1}, \ldots, b_{n}$ be i.i.d. samples of a random variable $B$ with p.d.f. $p_{\mathbf{x}^{\natural}}(b) \in \mathcal{P}:=\left\{p_{\mathbf{x}}(b): \mathbf{x} \in \mathbb{R}^{p}\right\}$.

Goal: estimate $\mathbf{x}^{\natural}$ from $b_{1}, \ldots, b_{n}$.

## Optimization formulation (ML estimator)

$$
\hat{\mathbf{x}}_{\mathrm{ML}}:=\arg \min _{\mathbf{x} \in \mathbb{R}^{p}}\left\{-\frac{1}{n} \sum_{i=1}^{n} \ln \left[p_{\mathbf{x}}\left(b_{i}\right)\right]\right\}=\arg \min _{\mathbf{x} \in \mathbb{R}^{p}} f(\mathbf{x})
$$

Theorem (Performance of the ML estimator [?, ?])
The random variable $\hat{\mathbf{x}}_{M L}$ satisfies

$$
\lim _{n \rightarrow \infty} \sqrt{n} \mathbf{J}^{-1 / 2}\left(\hat{\mathbf{x}}_{M L}-\mathbf{x}^{\natural}\right) \stackrel{d}{=} Z \sim \mathcal{N}(\mathbf{0}, \mathbf{I})
$$

where

$$
\mathbf{J}:=-\left.\mathbb{E}\left[\nabla_{\mathbf{x}}^{2} \ln \left[p_{\mathbf{x}}(B)\right]\right]\right|_{\mathbf{x}=\mathbf{x}^{\natural}} .
$$

is the Fisher information matrix associated with one sample. Roughly speaking,

$$
\left\|\sqrt{n} \mathbf{J}^{-1 / 2}\left(\hat{\mathbf{x}}_{M L}-\mathbf{x}^{\natural}\right)\right\|_{2}^{2} \sim \operatorname{Tr}(\mathbf{I})=p \quad \Rightarrow \quad\left\|\hat{\mathbf{x}}_{M L}-\mathbf{x}^{\natural}\right\|_{2}^{2}=\mathcal{O}(p / n)
$$

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$$

## Optimization formulation ( $M$-estimator)

In general, we can replace the negative log-likelihoods by any appropriate, convex $g_{i}$ 's

$$
\min _{x \in \mathcal{X}} \underbrace{\frac{1}{n} \sum_{i=1}^{n} g_{i}\left(b_{i} ; \mathbf{x}\right)}_{f(\mathbf{x})}
$$

## Approximate vs. exact optimality

## Is it possible to solve a convex optimization problem?

> "In general, optimization problems are unsolvable" - Y. Nesterov [?]

- Even when a closed-form solution exists, numerical accuracy may still be an issue.
- We must be content with approximately optimal solutions.


## Definition

We say that $\mathbf{x}_{\epsilon}^{\star}$ is $\epsilon$-optimal in objective value if

$$
f\left(\mathbf{x}_{\epsilon}^{\star}\right)-f^{\star} \leq \epsilon .
$$

## Definition

We say that $\mathbf{x}_{\epsilon}^{\star}$ is $\epsilon$-optimal in sequence if, for some norm $\|\cdot\|$,

$$
\left\|\mathbf{x}_{\epsilon}^{\star}-\mathbf{x}^{\star}\right\| \leq \epsilon
$$

- The latter approximation guarantee is considered stronger.


## A gradient method

## Lemma (First-order necessary optimality condition)

Let $\mathbf{x}^{\star}$ be a global minimum of a differentiable convex function $f$. Then, it holds that

$$
\nabla f\left(\mathbf{x}^{\star}\right)=\mathbf{0}
$$

## Fixed-point characterization

Multiply by -1 and add $\mathbf{x}^{\star}$ to both sides to obtain a fixed point condition,

$$
\mathbf{x}^{\star}=\mathbf{x}^{\star}-\alpha \nabla f\left(\mathbf{x}^{\star}\right) \quad \text { for all } 0 \neq \alpha \in \mathbb{R}
$$

## Gradient method

Choose a starting point $\mathbf{x}^{0}$ and iterate

$$
\mathbf{x}^{k+1}=\mathbf{x}^{k}-\alpha_{k} \nabla f\left(\mathbf{x}^{k}\right)
$$

where $\alpha_{k}$ is a step-size to be chosen so that $\mathbf{x}^{k}$ converges to $\mathbf{x}^{\star}$.

## When does the gradient method converge?

## Lemma

## Assume that

1. There exists $\mathbf{x}^{\star} \in \operatorname{dom}(f)$ such that $\nabla f\left(\mathbf{x}^{\star}\right)=0$.
2. The mapping $\psi(\mathbf{x})=\mathbf{x}-\alpha \nabla f(\mathbf{x})$ is contractive for some $\alpha$ : i.e., there exists $\gamma \in[0,1)$ such that

$$
\|\psi(\mathbf{x})-\psi(\mathbf{z})\| \leq \gamma\|\mathbf{x}-\mathbf{z}\| \quad \text { for all } \mathbf{x}, \mathbf{z} \in \operatorname{dom}(f)
$$

Then, for any starting point $\mathbf{x}^{0} \in \operatorname{dom}(f)$, the gradient method converges to $\mathbf{x}^{\star}$.

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\|\psi(\mathbf{x})-\psi(\mathbf{z})\| \leq \gamma\|\mathbf{x}-\mathbf{z}\| \quad \text { for all } \mathbf{x}, \mathbf{z} \in \operatorname{dom}(f)
$$

Then, for any starting point $\mathbf{x}^{0} \in \operatorname{dom}(f)$, the gradient method converges to $\mathbf{x}^{\star}$.

## Proof.

If we start the gradient method at $\mathbf{x}^{0} \in \operatorname{dom}(f)$, then we have

$$
\begin{array}{rlrl}
\left\|\mathbf{x}^{k+1}-\mathbf{x}^{\star}\right\| & =\left\|\mathbf{x}^{k}-\alpha \nabla f\left(\mathbf{x}^{k}\right)-\mathbf{x}^{\star}\right\| & \\
& =\left\|\psi\left(\mathbf{x}^{k}\right)-\psi\left(\mathbf{x}^{\star}\right)\right\| & & \left(\nabla f\left(\mathbf{x}^{\star}\right)=0\right) \\
& \leq \gamma\left\|\mathbf{x}^{k}-\mathbf{x}^{\star}\right\| & & (\text { contraction }) \\
& \leq \gamma^{k+1}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\| & \tag{contraction}
\end{array}
$$

We then have that the sequence $\left\{\mathbf{x}^{k}\right\}$ converges globally to $\mathbf{x}^{\star}$ at a linear rate.

## Short (but important) detour: convergence rates

Definition (Convergence of a sequence)
The sequence $\mathbf{u}^{1}, \mathbf{u}^{2}, \ldots, \mathbf{u}^{k}, \ldots$ converges to $\mathbf{u}^{\star}$ (denoted $\lim _{k \rightarrow \infty} \mathbf{u}^{k}=\mathbf{u}^{\star}$ ), if

$$
\forall \varepsilon>0, \exists K \in \mathbb{N}: k \geq K \Rightarrow\left\|\mathbf{u}^{k}-\mathbf{u}^{\star}\right\| \leq \varepsilon
$$

Convergence rates: the "speed" at which a sequence converges

- sublinear: if there exists $c>0$ such that

$$
\left\|\mathbf{u}^{k}-\mathbf{u}^{\star}\right\|=O\left(k^{-c}\right)
$$

- linear: if there exists $\alpha \in(0,1)$ such that

$$
\left\|\mathbf{u}^{k}-\mathbf{u}^{\star}\right\|=O\left(\alpha^{k}\right)
$$

- Q-linear: if there exists a constant $r \in(0,1)$ such that

$$
\lim _{k \rightarrow \infty} \frac{\left\|\mathbf{u}^{k+1}-\mathbf{u}^{\star}\right\|}{\left\|\mathbf{u}^{k}-\mathbf{u}^{\star}\right\|}=r
$$

- superlinear: If $r=0$, we say that the sequence converges superlinearly.
- quadratic: if there exists a constant $\mu>0$ such that

$$
\lim _{k \rightarrow \infty} \frac{\left\|\mathbf{u}^{k+1}-\mathbf{u}^{\star}\right\|}{\left\|\mathbf{u}^{k}-\mathbf{u}^{\star}\right\|^{2}}=\mu
$$

## Example: Convergence rates

Examples of sequences that all converge to $u^{\star}=0$ :

- Sublinear: $u^{k}=1 / k$
- Linear: $u^{k}=0.5^{k}$
- Superlinear: $u^{k}=k^{-k}$
- Quadratic: $u^{k}=0.5^{2^{k}}$





## Remark

For unconstrained convex minimization as in (1), we always have $f\left(\mathbf{x}^{k}\right)-f^{\star} \geq 0$. Hence, we do not need to use the absolute value when we show convergence results based on the objective value, such as $f\left(\mathbf{x}^{k}\right)-f^{\star} \leq O\left(1 / k^{2}\right)$, which is sublinear.

## Contractive maps and convexity

## Proposition (Contractivity implies convexity with structure)

Let $f \in \mathcal{C}^{2}$ and define $\psi(\mathbf{x})=\mathbf{x}-\alpha \nabla f(\mathbf{x})$, with $\alpha>0$.
If $\psi(\mathbf{x})$ is contractive, with a constant contraction factor $\gamma<1$, then $f \in \mathcal{F}_{L, \mu}^{2,1}$.

## Proof.

Consider $\mathbf{y}=\mathbf{x}+t \Delta \mathbf{x}$. By the contractivity assumption it must hold that

$$
\|\psi(\mathbf{x}+t \Delta \mathbf{x})-\psi(\mathbf{x})\| \leq t \gamma\|\Delta \mathbf{x}\| \quad \forall t .
$$

We also have that

$$
\begin{aligned}
\lim _{t \rightarrow 0} \frac{1}{t}\|\psi(\mathbf{x}+t \Delta \mathbf{x})-\psi(\mathbf{x})\| & =\lim _{t \rightarrow 0}\left\|\Delta \mathbf{x}-\frac{\alpha}{t}(\nabla f(\mathbf{x}+t \Delta \mathbf{x})-\nabla f(\mathbf{x}))\right\| \\
& =\left\|\left(\mathbf{I}-\alpha \nabla^{2} f(\mathbf{x})\right) \Delta \mathbf{x}\right\| \\
& \leq \gamma\|\Delta \mathbf{x}\| \quad \text { (by assumption) }
\end{aligned}
$$

The inequality implies (derivation on the board) that

$$
\mathbf{0} \prec \frac{1-\gamma}{\alpha} \mathbf{I} \preceq \nabla^{2} f(\mathbf{x}) \preceq \frac{1+\gamma}{\alpha} \mathbf{I},
$$

which can be reinterpreted as $f \in \mathcal{F}_{L, \mu}^{2,1}$ with $L=\frac{1+\gamma}{\alpha}$ and $\mu=\frac{1-\gamma}{\alpha}$ (next!).

## Gradient descent methods

## Definition

Gradient descent (GD) Starting from $\mathbf{x}^{0} \in \operatorname{dom}(f)$, update $\left\{\mathbf{x}^{k}\right\}_{k \geq 0}$ as

$$
\mathbf{x}^{k+1}=\mathbf{x}^{k}-\alpha_{k} \nabla f\left(\mathbf{x}^{k}\right)=\mathbf{x}^{k}+\alpha_{k} \mathbf{p}^{k} .
$$

Notice that $\mathbf{p}^{k}:=-\nabla f\left(\mathbf{x}^{k}\right)$ is the steepest descent (anti-gradient) search direction.
Key question: how to choose $\alpha_{k}$ to have descent/contraction?

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Key question: how to choose $\alpha_{k}$ to have descent/contraction?

## We need structure!

We use $\mathcal{F}$ to denote the class of smooth convex functions.
(The domain of each function will be apparent from the context.)

Next few slides: structural assumptions


## $L$-Lipschitz gradient class of functions

## Definition (L-Lipschitz gradient convex functions)

Let $f: \mathcal{Q} \rightarrow \mathbb{R}$ be differentiable and convex, i.e., $f \in \mathcal{F}^{1}(\mathcal{Q})$. Then, $f$ has a Lipschitz gradient if there exists $L>0$ (the Lipschitz constant) s.t.

$$
\|\nabla f(\mathbf{x})-\nabla f(\mathbf{y})\|_{2} \leq L\|\mathbf{x}-\mathbf{y}\|_{2}, \quad \forall \mathbf{x}, \mathbf{y} \in \mathcal{Q}
$$

## Proposition ( $L$-Lipschitz gradient convex functions)

$f \in \mathcal{F}^{1}(\mathcal{Q})$ has L-Lipschitz gradient if and only if the following function is convex:

$$
h(\mathbf{x})=\frac{L}{2}\|\mathbf{x}\|_{2}^{2}-f(\mathbf{x}) \quad \forall \mathbf{x} \in \mathcal{Q}
$$

## Definition (Class of 2-nd order Lipschitz functions)

The class of twice continuously differentiable functions $f$ on $\mathcal{Q}$ with Lipschitz continuous Hessian is denoted as $\mathcal{F}_{L}^{2,2}(\mathcal{Q})$ (with $2 \rightarrow 2$ denoting the spectral norm)

$$
\left\|\nabla^{2} f(\mathbf{x})-\nabla^{2} f(\mathbf{y})\right\|_{2 \rightarrow 2} \leq L\|\mathbf{x}-\mathbf{y}\|_{2}, \quad \forall \mathbf{x}, \mathbf{y} \in Q
$$

- $\mathcal{F}_{L}^{l, m}$ : functions that are $l$-times differentiable with $m$-th order Lipschitz property.


## Example: Logistic regression

## Problem (Logistic regression)

Given a sample vector $\mathbf{a}_{i} \in \mathbb{R}^{p}$ and a binary class label $b_{i} \in\{-1,+1\}(i=1, \ldots, n)$, we define the conditional probability of $b_{i}$ given $\mathbf{a}_{i}$ as:

$$
\mathbb{P}\left(b_{i} \mid \mathbf{a}_{i}, \mathbf{x}^{\natural}, \mu\right) \propto 1 /\left(1+e^{-b_{i}\left(\left\langle\mathbf{x}^{\natural}, \mathbf{a}_{i}\right\rangle+\mu\right)}\right),
$$

where $\mathbf{x}^{\natural} \in \mathbb{R}^{p}$ is some true weight vector, $\mu \in \mathbb{R}$ is called the intercept. How to estimate $\mathbf{x}^{\natural}$ given the sample vectors, the binary labels, and $\mu$ ?

## Optimization formulation

$$
\min _{\mathbf{x} \in \mathbb{R}^{p}} \underbrace{\frac{1}{n} \sum_{i=1}^{n} \log \left(1+\exp \left(-b_{i}\left(\mathbf{a}_{i}^{T} \mathbf{x}+\mu\right)\right)\right)}_{f(\mathbf{x})}
$$

## Structural properties

Let $\mathbf{A}=\left[\mathbf{a}_{1}, \ldots, \mathbf{a}_{n}\right]^{T}$ (design matrix), then $f \in \mathcal{F}_{L}^{2,1}$, with $L=\frac{1}{4}\left\|\mathbf{A}^{T} \mathbf{A}\right\|$

## $\mu$-strongly convex functions

## Definition

A function $f: \mathcal{Q} \rightarrow \mathbb{R} \cup\{+\infty\}, \mathcal{Q} \subseteq \mathbb{R}^{p}$ is called $\mu$-strongly convex on its domain if and only if for any $\mathbf{x}, \mathbf{y} \in \mathcal{Q}$ and $\alpha \in[0,1]$ we have:

$$
f(\alpha \mathbf{x}+(1-\alpha) \mathbf{y}) \leq \alpha f(\mathbf{x})+(1-\alpha) f(\mathbf{y})-\frac{\mu}{2} \alpha(1-\alpha)\|\mathbf{x}-\mathbf{y}\|_{2}^{2}
$$

The constant $\mu$ is called the convexity parameter of function $f$.

- The class of $k$-differentiable $\mu$-strongly functions is denoted as $\mathcal{F}_{\mu}^{k}(\mathcal{Q})$.
- Strong convexity $\Rightarrow$ strict convexity, BUT strict convexity $\Rightarrow$ strong convexity



Figure: (Left) Convex (Right) Strongly convex

## $\mu$-strongly convex functions (Alternative)

## Definition

A convex function $f: \mathcal{Q} \rightarrow \mathbb{R}$ is said to be $\mu$-strongly convex if

$$
h(\mathbf{x})=f(\mathbf{x})-\frac{\mu}{2}\|\mathbf{x}\|_{2}^{2}
$$

is convex, where $\mu$ is called the strong convexity parameter.

- The class of $k$-differentiable $\mu$-strongly functions is denoted as $\mathcal{F}_{\mu}^{k}(\mathcal{Q})$.
- Non-smooth functions can be $\mu$-strongly convex: e.g., $f(\mathbf{x})=\|\mathbf{x}\|_{1}+\frac{\mu}{2}\|\mathbf{x}\|_{2}^{2}$.




## Example: Least-squares estimation

## Problem

Let $\mathbf{x}^{\natural} \in \mathbb{R}^{p}$ and $\mathbf{A} \in \mathbb{R}^{n \times p}$ (full column rank). Goal: estimate $\mathbf{x}^{\natural}$, given $\mathbf{A}$ and

$$
\mathbf{b}=\mathbf{A} \mathbf{x}^{\natural}+\mathbf{w},
$$

where $\mathbf{w}$ denotes unknown noise.

## Optimization formulation (Least-squares estimator)

$$
\min _{\mathbf{x} \in \mathbb{R}^{p}} \underbrace{\frac{1}{2}\|\mathbf{b}-\mathbf{A} \mathbf{x}\|_{2}^{2}}_{f(\mathbf{x})}
$$

## Structural properties

- $\nabla f(\mathbf{x})=\mathbf{A}^{T}(\mathbf{A x}-\mathbf{b})$, and $\nabla^{2} f(\mathbf{x})=\mathbf{A}^{T} \mathbf{A}$.
- $\lambda_{p} \mathbf{I} \preceq \nabla^{2} f(\mathbf{x}) \preceq \lambda_{1} \mathbf{I}$, where $\lambda_{1} \geq \lambda_{2} \geq \ldots \geq \lambda_{p}$ are the eigenvalues of $\mathbf{A}^{T} \mathbf{A}$.
- It follows that $L=\lambda_{1}$ and $\mu=\lambda_{p}$. If $\lambda_{p}>0$, then $f \in \mathcal{F}_{L, \mu}^{2,1}$, otherwise $f \in \mathcal{F}_{L}^{2,1}$.
- Since $\operatorname{rank}\left(\mathbf{A}^{T} \mathbf{A}\right) \leq \min \{n, p\}$, if $n<p$, then $\lambda_{p}=0$.


## Self-concordant functions

Definition (Self-concordant functions in 1-dimension)
A convex function $\varphi: \mathbb{R} \rightarrow \mathbb{R}$ is self-concordant if

$$
\left|\varphi^{\prime \prime \prime}(t)\right| \leq 2 \varphi^{\prime \prime}(t)^{3 / 2}, \quad \forall t \in \mathbb{R}
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## Affine Invariance of self-concordant functions

Let $\tilde{\varphi}(t)=\varphi(\alpha t+\beta)$ where $\alpha \neq 0$. Then, $\tilde{\varphi}$ is self-concordant iff $\varphi$ is.

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## Important remarks of self-concordance

1. Generalize to higher dimension: A convex function $f: \mathbb{R}^{n} \rightarrow \mathbb{R}$ is said to be (standard) self-concordant if $\left|\varphi^{\prime \prime \prime}(t)\right| \leq 2 \varphi^{\prime \prime}(t)^{3 / 2}$, where $\varphi(t):=f(\mathbf{x}+t \mathbf{v})$ for all $t \in \mathbb{R}, \mathbf{x} \in \operatorname{dom} f$ and $\mathbf{v} \in \mathbb{R}^{n}$ such that $\mathbf{x}+t \mathbf{v} \in \operatorname{dom} f$.
2. Affine invariance still holds in high dimension.
3. Self-concordant functions are efficiently minimized by the Newton method and its variants (see Lecture 6).

## Back to gradient descent methods

## Gradient descent (GD) algorithm

Starting from $\mathbf{x}^{0} \in \operatorname{dom}(f)$, produce the sequence $\mathbf{x}^{1}, \ldots, \mathbf{x}^{k}, \ldots$ according to

$$
\mathbf{x}^{k+1}=\mathbf{x}^{k}-\alpha_{k} \nabla f\left(\mathbf{x}^{k}\right)=\mathbf{x}^{k}+\alpha_{k} \mathbf{p}^{k} .
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Notice that $\mathbf{p}^{k}:=-\nabla f\left(\mathbf{x}^{k}\right)$ is the steepest descent (anti-gradient) direction. Key question: how do we choose $\alpha_{k}$ to have descent/contraction?

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## Step-size selection

Case 1: If $f \in \mathcal{F}_{L}^{1,1}\left(\mathbb{R}^{p}\right)$, then:

- We can choose $0<\alpha_{k}<\frac{2}{L}$. The optimal choice is $\alpha_{k}:=\frac{1}{L}$.
- $\alpha_{k}$ can be determined by a line-search procedure:

1. Exact line search: $\alpha_{k}:=\underset{\alpha>0}{\arg \min } f\left(\mathbf{x}^{k}-\alpha \nabla f\left(\mathbf{x}^{k}\right)\right)$.
2. Back-tracking line search with Armijo-Goldstein's condition:

$$
f\left(\mathbf{x}^{k}-\alpha \nabla f\left(\mathbf{x}^{k}\right)\right) \leq f\left(\mathbf{x}^{k}\right)-c \alpha\left\|\nabla f\left(\mathbf{x}^{k}\right)\right\|^{2}, \quad c \in(0,1 / 2] .
$$

Case 2: If $f \in \mathcal{F}_{L, \mu}^{1,1}\left(\mathbb{R}^{p}\right)$, then:

- We can choose $0<\alpha_{k} \leq \frac{2}{L+\mu}$. The optimal choice is $\alpha_{k}:=\frac{2}{L+\mu}$.

Case 3: If $f \in \mathcal{F}_{2}(\mathcal{Q})$, then, a bit more complicated (more later).

## Towards a geometric interpretation I

Recall:

- Let $f \in \mathcal{F}_{L}^{2}\left(\mathbb{R}^{p}\right)$ with gradient $\nabla f(\mathbf{x})$ and Hessian $\nabla^{2} f(\mathbf{x})$.
- First-order Taylor approximation of $f$ at $\mathbf{y}$ :

$$
f(\mathbf{x}) \geq f(\mathbf{y})+\langle\nabla f(\mathbf{y}), \mathbf{x}-\mathbf{y}\rangle
$$



- Convex functions: $1^{\text {st }}$-order Taylor approximation is a global lower surrogate.


## Towards a geometric interpretation II

## Lemma

Let $f \in \mathcal{F}_{L}^{1,1}(\mathcal{Q})$. Then, we have:

$$
f(\mathbf{y})-f(\mathbf{x})-\langle\nabla f(\mathbf{x}), \mathbf{y}-\mathbf{x}\rangle \leq \frac{L}{2}\|\mathbf{y}-\mathbf{x}\|_{2}^{2}, \quad \forall \mathbf{x}, \mathbf{y} \in \mathcal{Q}
$$

## Proof.

By the Taylor's theorem:

$$
f(\mathbf{y})=f(\mathbf{x})+\langle\nabla f(\mathbf{x}), \mathbf{y}-\mathbf{x}\rangle+\int_{0}^{1}\langle\nabla f(\mathbf{x}+\tau(\mathbf{y}-\mathbf{x}))-\nabla f(\mathbf{x}), \mathbf{y}-\mathbf{x}\rangle d \tau
$$

Therefore,

$$
\begin{aligned}
f(\mathbf{y})-f(\mathbf{x})-\langle\nabla f(\mathbf{x}), \mathbf{y}-\mathbf{x}\rangle & \leq \int_{0}^{1}\|\nabla f(\mathbf{x}+\tau(\mathbf{y}-\mathbf{x}))-\nabla f(\mathbf{x})\|^{*} \cdot\|\mathbf{y}-\mathbf{x}\| d \tau \\
& \leq L\|\mathbf{y}-\mathbf{x}\|_{2}^{2} \int_{0}^{1} \tau d \tau=\frac{L}{2}\|\mathbf{y}-\mathbf{x}\|_{2}^{2}
\end{aligned}
$$

## Gradient descent methods: geometrical intuition



## Gradient descent methods: geometrical intuition



$$
\begin{equation*}
f(\mathbf{x}) \geq f\left(\mathbf{x}^{k}\right)+\left\langle\nabla f\left(\mathbf{x}^{k}\right), \mathbf{x}-\mathbf{x}^{k}\right\rangle \tag{1}
\end{equation*}
$$

## Gradient descent methods: geometrical intuition

Majorize:


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## Gradient descent methods: geometrical intuition



## Convergence rate of gradient descent

## Theorem

$$
\begin{aligned}
& f \in \mathcal{F}_{L}^{2,1}, \quad \alpha=\frac{1}{L}: \\
& f\left(\mathbf{x}^{k}\right)-f\left(\mathbf{x}^{\star}\right) \leq \frac{2 L}{k+4}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2}^{2} \\
& f \in \mathcal{F}_{L, \mu}^{2,1}, \quad \alpha=\frac{2}{L+\mu}: \\
& \left\|\mathbf{x}^{k}-\mathbf{x}^{\star}\right\|_{2} \leq\left(\frac{L-\mu}{L+\mu}\right)^{k}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2} \\
& f \in \mathcal{F}_{L, \mu}^{2,1}, \quad \alpha=\frac{1}{L}: \\
& \left\|\mathbf{x}^{k}-\mathbf{x}^{\star}\right\|_{2} \leq\left(\frac{L-\mu}{L+\mu}\right)^{\frac{k}{2}}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2}
\end{aligned}
$$

Note that $\frac{L-\mu}{L+\mu}=\frac{\kappa-1}{\kappa+1}$, where $\kappa:=\frac{L}{\mu}$ is the condition number of $\nabla^{2} f$.

## Convergence rate of gradient descent

## Theorem

$$
\begin{aligned}
& f \in \mathcal{F}_{L}^{2,1}, \quad \alpha=\frac{1}{L}: \\
& f\left(\mathbf{x}^{k}\right)-f\left(\mathbf{x}^{\star}\right) \leq \frac{2 L}{k+4}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2}^{2} \\
& f \in \mathcal{F}_{L, \mu}^{2,1}, \quad \alpha=\frac{2}{L+\mu}: \\
& \left\|\mathrm{x}^{k}-\mathrm{x}^{\star}\right\|_{2} \leq\left(\frac{L-\mu}{L+\mu}\right)^{k}\left\|\mathrm{x}^{0}-\mathbf{x}^{\star}\right\|_{2} \\
& f \in \mathcal{F}_{L, \mu}^{2,1}, \quad \alpha=\frac{1}{L}: \\
& \left\|\mathbf{x}^{k}-\mathbf{x}^{\star}\right\|_{2} \leq\left(\frac{L-\mu}{L+\mu}\right)^{\frac{k}{2}}\left\|\mathbf{x}^{0}-\mathbf{x}^{\star}\right\|_{2}
\end{aligned}
$$

Note that $\frac{L-\mu}{L+\mu}=\frac{\kappa-1}{\kappa+1}$, where $\kappa:=\frac{L}{\mu}$ is the condition number of $\nabla^{2} f$.

## Remarks

- Assumption: Lipschitz gradient. Result: convergence rate in objective values.
- Assumption: Strong convexity. Result: convergence rate in sequence of the iterates and in objective values.
- Note that the suboptimal step-size choice $\alpha=\frac{1}{L}$ adapts to the strongly convex case (i.e., it features a linear rate vs. the standard sublinear rate).


## Example: Ridge regression

## Optimization formulation

- Let $\mathbf{A} \in \mathbb{R}^{n \times p}$ and $\mathbf{b} \in \mathbb{R}^{n}$ given by $\mathbf{b}=\mathbf{A} \mathbf{x}^{\natural}+\mathbf{w}$, where $\mathbf{w} \in \mathbb{R}^{n}$ is some noise.
- A classical estimator of $\mathbf{x}^{\natural}$, known as ridge regression, is

$$
\min _{\mathbf{x} \in \mathbb{R}^{p}} f(\mathbf{x}):=\frac{1}{2}\|\mathbf{b}-\mathbf{A} \mathbf{x}\|_{2}^{2}+\frac{\rho}{2}\|\mathbf{x}\|_{2}^{2}
$$

where $\rho \geq 0$ is a regularization parameter

## Remarks

- $f \in \mathcal{F}_{L, \mu}^{2,1}$ with:
- $L=\lambda_{1}\left(\mathbf{A}^{T} \mathbf{A}\right)+\rho$;
- $\mu=\lambda_{p}\left(\mathbf{A}^{T} \mathbf{A}\right)+\rho ;$
- where $\lambda_{1} \geq \ldots \geq \lambda_{p}$ are the eigenvalues of $\mathbf{A}^{T} \mathbf{A}$.
- The ratio $\kappa=\frac{L}{\mu}$ decreases as $\rho$ increases, leading to faster linear convergence.
- Note that if $n<p$ and $\rho=0$, we have $\mu=0$, hence $f \in \mathcal{F}_{L}^{2,1}$ and we can expect only $\mathcal{O}(1 / k)$ convergence from the gradient descent method.


## Example: Ridge regression

## Case 1:

$$
n=500, p=2000, \rho=0
$$




## Example: Ridge regression

Case 1:

$$
n=500, p=2000, \rho=0
$$




Case 2:
$n=500, p=2000, \rho=0.01 \lambda_{p}\left(\mathbf{A}^{T} \mathbf{A}\right)$



## *Adagrad: An adaptive step-size gradient method

Recall the gradient descent:

$$
\mathbf{x}^{k+1}=\mathbf{x}^{k}-\eta \nabla f\left(\mathbf{x}^{k}\right),
$$

where $\eta>0$ is the step-size.

## Two potential improvements

1. Instead of fixing an $\eta$ for all $k$, we may consider $\eta_{k}$.
2. Instead of applying $\eta$ to all coordinates of $\nabla f\left(\mathbf{x}^{k}\right)$, we may consider $\left[\eta_{i} \nabla f\left(\mathbf{x}^{k}\right)_{i}\right]_{i}$ (coordinate-wise step-size).

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## Example (Adaptive gradient methods)

Many algorithms build upon this idea, for instance

1. Adagrad [?].
2. Adam [?]
3. RMSprop [?].
4. Adadelta [?].

We present the simplest version of Adagrad below.

## *Adagrad: An adaptive step-size gradient method

## Definition (Adagrad)

Define

$$
G_{i}^{k}=\sum_{t=1}^{k}\left[\nabla f\left(\mathbf{x}^{t}\right)\right]_{i}^{2}
$$

The Adagrad iterate is defined by, for each coordinate $i$,

$$
\mathbf{x}_{i}^{k+1}=\mathbf{x}_{i}^{k}-\frac{\eta}{\sqrt{G_{i}^{k}}}\left[\nabla f\left(\mathbf{x}^{t}\right)\right]_{i} .
$$

## Intuition:

1. $G_{i}^{k}$ is increasing in $k$ for all $i$, and hence the step-sizes for all coordinates are decreasing in $k$.
2. The step-size for each coordinate is different. Smaller accumulated gradient ( $G_{i}^{k}$ ) indicates the requirement for a larger step-size for more progress.
3. Slower convergence rate $\left(O\left(\frac{1}{\sqrt{k}}\right)\right.$ [?]), but very effective in practice.

## Example: Effect of $\eta$ in Adagrad

Ridge regression ( $n=500, p=2000, \rho=0$ )

$$
\min _{\mathbf{x} \in \mathbb{R}^{p}} f(\mathbf{x}):=\frac{1}{2}\|\mathbf{b}-\mathbf{A} \mathbf{x}\|_{2}^{2}+\frac{\rho}{2}\|\mathbf{x}\|_{2}^{2}
$$



## Example: Ridge regression

## Case 1:

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n=500, p=2000, \rho=0
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## Example: Ridge regression

Case 1:

$$
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$$




Case 2:
$n=500, p=2000, \rho=0.01 \lambda_{p}\left(\mathbf{A}^{T} \mathbf{A}\right)$



## *From gradient descent to mirror descent

## Gradient descent as a majorization-minimization scheme

- Majorize $f$ at $\mathbf{x}^{k}$ by using L-Lipschitz gradient continuity

$$
f(\mathbf{x}) \leq f\left(\mathbf{x}^{k}\right)+\left\langle\nabla f\left(\mathbf{x}^{k}\right), \mathbf{x}-\mathbf{x}^{k}\right\rangle+\frac{L}{2}\left\|\mathbf{x}-\mathbf{x}^{k}\right\|_{2}^{2}:=Q\left(\mathbf{x}, \mathbf{x}^{k}\right)
$$

- Minimize $Q\left(\mathbf{x}, \mathbf{x}^{k}\right)$ to obtain the next iterate $\mathbf{x}^{k+1}$

$$
\begin{aligned}
& \mathbf{x}^{k+1}=\underset{\mathbf{x}}{\arg \min } Q\left(\mathbf{x}, \mathbf{x}^{k}\right) \Rightarrow \nabla f\left(\mathbf{x}^{k}\right)+L\left(\mathbf{x}^{k+1}-\mathbf{x}^{k}\right)=0 \\
& \mathbf{x}^{k+1}=\mathbf{x}^{k}-\frac{1}{L} \nabla f\left(\mathbf{x}^{k}\right)
\end{aligned}
$$

## Other majorizers

We can re-write the majorization step as

$$
f(\mathbf{x}) \leq f\left(\mathbf{x}^{k}\right)+\left\langle\nabla f\left(\mathbf{x}^{k}\right), \mathbf{x}-\mathbf{x}^{k}\right\rangle+\alpha d\left(\mathbf{x}, \mathbf{x}^{k}\right)
$$

where $d\left(\mathbf{x}, \mathbf{x}^{k}\right)=\frac{1}{2}\left\|\mathbf{x}-\mathbf{x}^{k}\right\|_{2}^{2}$ is the Euclidean distance and $\alpha=L$.

- Can we use a different function $d\left(\mathbf{x}, \mathbf{x}^{k}\right)$ that is better suited to minimizing $f$ ?


## *Bregman divergences

## Definition (Bregman divergence)

Let $\psi: \mathcal{S} \rightarrow \mathbb{R}$ be a continuously-differentiable and strictly convex function defined on a closed convex set $\mathcal{S}$. The Bregman divergence ( $d_{\psi}$ ) associated with $\psi$ for points $\mathbf{x}$ and $y$ is:

$$
d_{\psi}(\mathbf{x}, \mathbf{y})=\psi(\mathbf{x})-\psi(\mathbf{y})-\langle\nabla \psi(\mathbf{y}), \mathbf{x}-\mathbf{y}\rangle
$$

- $\psi(\cdot)$ is referred to as the Bregman or proximity function.
- The Bregman divergence satisfies the following properties:
(a) $d_{\psi}(\mathbf{x}, \mathbf{y}) \geq 0$ for all $\mathbf{x}$ and $\mathbf{y}$ with equality if and only if $\mathbf{x}=\mathbf{y}$
(b) Define $q(\mathbf{x}):=d_{\psi}(\mathbf{x}, \mathbf{y})$ for a fixed $\mathbf{y}$, then $\nabla q(\mathbf{x})=\nabla \psi(\mathbf{x})-\nabla \psi(\mathbf{y})$
(c) For all $\mathbf{x}, \mathbf{y}, \mathbf{z} \in \mathcal{S}, d_{\psi}(\mathbf{x}, \mathbf{y})=d_{\psi}(\mathbf{x}, \mathbf{z})+d_{\psi}(\mathbf{z}, \mathbf{y})+\langle(\mathbf{x}-\mathbf{z}), \nabla \psi(\mathbf{y})-\nabla \psi(\mathbf{z})\rangle$
(d) For all $\mathbf{x}, \mathbf{y} \in \mathcal{S}, d_{\psi}(\mathbf{x}, \mathbf{y})+d_{\psi}(\mathbf{y}, \mathbf{x})=\langle(\mathbf{x}-\mathbf{y}), \nabla \psi(\mathbf{x})-\nabla \psi(\mathbf{y})\rangle$
- The Bregman divergence becomes a Bregman distance when it is symmetric (i.e. $\left.d_{\psi}(\mathbf{x}, \mathbf{y})=d_{\psi}(\mathbf{y}, \mathbf{x})\right)$ and satisfies the triangle inequality.
- "All Bregman distances are Bregman divergences but the reverse is not true!"


## *Bregman divergences

- The Bregman divergence is the vertical distance at $\mathbf{x}$ between $\psi$ and the tangent of $\psi$ at $\mathbf{y}$, see figure below

- The Bregman divergence measures the strictness of convexity of $\psi(\cdot)$.


## *Bregman divergences

Table: Bregman functions $\psi(\mathbf{x}) \&$ corresponding Bregman divergences/distances $d_{\psi}(\mathbf{x}, \mathbf{y})^{a}$.

| Name (or Loss) | Domain $^{b}$ | $\psi(\mathbf{x})$ | $d_{\psi}(\mathbf{x}, \mathbf{y})$ |
| :--- | :--- | :---: | :---: |
| Squared loss | $\mathbb{R}$ | $x^{2}$ | $(x-y)^{2}$ |
| Itakura-Saito divergence | $\mathbb{R}_{+}+$ | $-\log x$ | $\frac{x}{y}-\log \left(\frac{x}{y}\right)-1$ |
| Squared Euclidean distance | $\mathbb{R}^{p}$ | $\\|\mathbf{x}\\|_{2}^{2}$ | $\\|\mathbf{x}-\mathbf{y}\\|_{2}^{2}$ |
| Squared Mahalanobis distance | $\mathbb{R}^{p}$ | $\langle\mathbf{x}, \mathbf{A x}\rangle$ | $\langle(\mathbf{x}-\mathbf{y}), \mathbf{A}(\mathbf{x}-\mathbf{y})\rangle^{c}$ |
| Entropy distance | $p$-simplex $d$ | $\sum_{i} x_{i} \log x_{i}$ | $\sum_{i} \log \left(\frac{x_{i}}{y_{i}}\right)$ |
| Generalized I-divergence | $\mathbb{R}_{+}^{p}$ | $\sum_{i} x_{i} \log x_{i}$ | $\sum_{i}\left(\log \left(\frac{x_{i}}{y_{i}}\right)-\left(x_{i}-y_{i}\right)\right)$ |
| von Neumann divergence | $\mathbb{S}_{+}^{p \times p}$ | $\mathbf{X} \log \mathbf{X}-\mathbf{X}$ | $\operatorname{tr}(\mathbf{X}(\log \mathbf{X}-\log \mathbf{Y})-\mathbf{X}+\mathbf{Y})^{e}$ |
| logdet divergence | $\mathbb{S}_{+}^{p \times p}$ | $-\log \operatorname{det} \mathbf{X}$ | $\operatorname{tr}\left(\mathbf{X} \mathbf{Y}^{-1}\right)-\log \operatorname{det}\left(\mathbf{X} \mathbf{Y}^{-1}\right)-p$ |

${ }^{a} x, y \in \mathbb{R}, \mathbf{x}, \mathbf{y} \in \mathbb{R}^{p}$ and $\mathbf{X}, \mathbf{Y} \in \mathbb{R}^{p \times p}$.
${ }^{b} \mathbb{R}_{+}$and $\mathbb{R}_{++}$denote non-negative and positive real numbers respectively.
c $\mathbf{A} \in \mathbb{S}_{+}^{p \times p}$, the set of symmetric positive semidefinite matrix.
${ }^{d} p$-simplex: $=\left\{\mathbf{x} \in \mathbb{R}^{p}: \sum_{i=1}^{p} x_{i}=1, x_{i} \geq 0, i=1, \ldots, p\right\}$
$e \operatorname{tr}(\mathbf{A})$ is the trace of $\mathbf{A}$.

## *Mirror descent [?]

## What happens if we use a Bregman distance $d_{\psi}$ in gradient descent?

Let $\psi: \mathbb{R}^{p} \rightarrow \mathbb{R}$ be a $\mu$-strongly convex and continuously differentiable function and let the associated Bregman distance be $d_{\psi}(\mathbf{x}, \mathbf{y})=\psi(\mathbf{x})-\psi(\mathbf{y})-\langle\mathbf{x}-\mathbf{y}, \nabla \psi(\mathbf{y})\rangle$. Assume that the inverse mapping $\psi^{\star}$ of $\psi$ is easily computable (i.e., its convex conjugate).

- Majorize: Find $\alpha_{k}$ such that

$$
f(\mathbf{x}) \leq f\left(\mathbf{x}^{k}\right)+\left\langle\nabla f\left(\mathbf{x}^{k}\right), \mathbf{x}-\mathbf{x}^{k}\right\rangle+\frac{1}{\alpha_{k}} d_{\psi}\left(\mathbf{x}, \mathbf{x}^{k}\right):=Q_{\psi}^{k}\left(\mathbf{x}, \mathbf{x}^{k}\right)
$$

- Minimize

$$
\begin{aligned}
\mathbf{x}^{k+1} & =\underset{\mathbf{x}}{\arg \min } Q_{\psi}^{k}\left(\mathbf{x}, \mathbf{x}^{k}\right) \Rightarrow \nabla f\left(\mathbf{x}^{k}\right)+\frac{1}{\alpha_{k}}\left(\nabla \psi\left(\mathbf{x}^{k+1}\right)-\nabla \psi\left(\mathbf{x}^{k}\right)\right)=0 \\
\nabla \psi\left(\mathbf{x}^{k+1}\right) & =\nabla \psi\left(\mathbf{x}^{k}\right)-\alpha_{k} \nabla f\left(\mathbf{x}^{k}\right) \\
\mathbf{x}^{k+1} & =\nabla \psi^{*}\left(\nabla \psi\left(\mathbf{x}^{k}\right)-\alpha_{k} \nabla f\left(\mathbf{x}^{k}\right)\right) \quad(\nabla \psi(\cdot))^{-1}=\nabla \psi^{*}(\cdot)[\mathbf{?}] .
\end{aligned}
$$

- Mirror descent is a generalization of gradient descent for functions that are Lipschitz-gradient in norms other than the Euclidean.
- MD allows to deal with some constraints via a proper choice of $\psi$.


## *Mirror descent example

How can we minimize a convex function over the unit simplex?

$$
\min _{\mathbf{x} \in \Delta} f(\mathbf{x}),
$$

where

- $\Delta:=\left\{\mathbf{x} \in \mathbb{R}^{p}: \sum_{j=1}^{p} x_{j}=1, \mathbf{x} \geq 0\right\}$ is the unit simplex;
- $f$ is convex $L_{f}$-Lipschitz continuous with respect to some norm $\|\cdot\|$.


## Entropy function

- Define the entropy function

$$
\psi_{e}(\mathbf{x})=\sum_{j=1}^{p} x_{j} \ln x_{j} \quad \text { if } \mathbf{x} \in \Delta, \quad+\infty \text { otherwise }
$$

- $\psi_{e}$ is 1 -strongly convex over int $\Delta$ with respect to $\|\cdot\|_{1}$.
- $\psi_{e}^{\star}(\mathbf{z})=\ln \sum_{j=1}^{p} e^{z_{j}}$ and $\left\|\nabla \psi_{e}(\mathbf{x})\right\| \rightarrow \infty$ as $\mathbf{x} \rightarrow \tilde{\mathbf{x}} \in \Delta$.
- Let $\mathbf{x}^{0}=p^{-1} \mathbf{1}$, then $d_{\psi}\left(\mathbf{x}, \mathbf{x}^{0}\right) \leq \ln p$ for all $\mathbf{x} \in \Delta$.


## *Entropic descent algorithm [?]

## Entropic descent algorithm (EDA)

Let $\mathbf{x}^{0}=p^{-1} \mathbf{1}$ and generate the following sequence

$$
x_{j}^{k+1}=\frac{x_{j}^{k} e^{-t_{k} f_{j}^{\prime}\left(\mathbf{x}^{k}\right)}}{\sum_{j=1}^{p} x_{j}^{k} e^{-t_{k} f_{j}^{\prime}\left(\mathbf{x}^{k}\right)}}, \quad t_{k}=\frac{\sqrt{2 \ln p}}{L_{f}} \frac{1}{\sqrt{k}}
$$

where $f^{\prime}(\mathbf{x})=\left(f_{1}(\mathbf{x})^{\prime}, \ldots, f_{p}(\mathbf{x})^{\prime}\right)^{T} \in \partial f(\mathbf{x})$, which is the subdifferential of $f$ at $\mathbf{x}$.

- This is an example of non-smooth and constrained optimization;
- The updates are multiplicative.


## *Convergence analysis of mirror descent

## Problem

$$
\begin{equation*}
\min _{\mathbf{x} \in \mathcal{X}} f(\mathbf{x}) \tag{1}
\end{equation*}
$$

where

- $\mathcal{X}$ is a closed convex subset of $\mathbb{R}^{p}$;
- $f$ is convex $L_{f}$-Lipschitz continuous with respect to some norm $\|\cdot\|$.


## Theorem ([?])

Let $\left\{\mathrm{x}^{k}\right\}$ be the sequence generated by mirror descent with $\mathrm{x}^{0} \in \operatorname{int} \mathcal{X}$. If the step-sizes are chosen as

$$
\alpha_{k}=\frac{\sqrt{2 \mu d_{\psi}\left(\mathbf{x}^{\star}, \mathbf{x}^{0}\right)}}{L_{f}} \frac{1}{\sqrt{k}}
$$

the following convergence rate holds

$$
\min _{0 \leq s \leq k} f\left(\mathbf{x}^{k}\right)-f^{\star} \leq L_{f} \sqrt{\frac{2 d_{\psi}\left(\mathbf{x}^{\star}, \mathbf{x}^{0}\right)}{\mu}} \frac{1}{\sqrt{k}}
$$

- This convergence rate is optimal for solving (??) with a first-order method.


## References I

